

Chris Martin Calls Gwyneth Paltrow His “Beard”



Coldplay frontman Chris Martin spoke about wife Gwyneth Paltrow on *The Ellen DeGeneres Show*, reports UsMagazine.com. “[Paltrow’s] been a great beard for me,” joked the musician, referring to how beards can be used to conceal infidelity or a person’s sexual orientation. Martin went on to joke about his troubles with women and his difficulty in forming relationships with those outside of his band.

How do you keep from overshadowing your partner?

Cupid’s Advice:

When you achieve great amounts of success, it’s hard to keep

your relationship healthy. Here are a few ways to avoid overshadowing your partner:

1. Don't boast: It's wonderful that you're successful, but your partner will not want to constantly hear about your successes. Keep boasting to a minimum, and remain modest.

2. Make your partner feel special: If you're frequently the center of attention, it may be time to make sure that your partner feels admired as well. Next time you are complimented, try to give your partner some of the credit.

3. Don't be competitive: You may be achieving more at the moment, but chances are that your partner will one day overshadow you. It is important to realize that everybody eventually gets their chance at success.

Have you ever overshadowed your partner? Feel free to leave a comment about your experiences below!