Frankie Muniz Is Engaged to Longtime Girlfriend





After a tumultuous

four years together, Frankie Muniz and his girlfriend, publicist Elycia Turnbow are engaged! The young couple excitedly shared the good news through their respective Twitter accounts. "...Im so happy to be ENGAGED to the love of my life @ElyciaMarie!!!" Muniz tweeted on Saturday. The couple have gone through their ups and downs, especially this past year when police were called to their home to investigate a domestic violence claim. According to Muniz's rep, People reports, "It was a situation that escalated beyond a point that it needed to be." Hopefully the two can put everything behind them and start fresh with this next chapter in their relationship.

If your partner attacks you once, are they likely to do it again?

Cupid's Advice:

It's important to get your partner the necessary help if they do ever attack you. A situation such as this should not be ignored, because it can always happen again. Here are some things to keep in mind:

- 1. Counseling: Speaking with a professional therapist should be an option for both you and your partner. Therapy can help determine the source of the anger that led to the violent situation.
- 2. Communication: Instead of using your hands or objects to express your feelings, make it a priority to walk away if you feel the urge to get physical.
- **3. Other anger outlets:** If anger is a problem for you or your partner, find other outlets to release stress such as going to the gym, running or something healthy that will calm you down.

How do you avoid violent situations with your partner? Let us know below.