

James Van Der Beek and Wife Are Expecting Second Child

James Van Der Beek has recently announced that his wife, Kimberly, is pregnant with their second child, [People](#) reports. “Just when we thought we couldn’t feel any more blessed, it seems the universe has plans to give our daughter [Olivia, 13 months] a sibling,” the actor announced on Twitter. The former *Dawson’s Creek* star and his wife had their first child, Olivia, in Sept. 2010.

How do you prepare differently for a second child?

Cupid’s Advice:

When you’re expecting your second child, you’ll have experience and knowledge on what to expect. However, there are a few things you have to prepare differently for when the newborn arrives. Cupid has some tips:

- 1. Organize:** Having to take care of two kids instead of one can be overwhelming. Your regular schedule, which includes sleeping, will change, so be prepared to create a new one.
- 2. Adjust:** Your first child will no longer be the only child. Explain to him or her what a great role they will now have as the oldest sibling, in order to prevent jealousy or resentment towards the newborn.
- 3. Responsibilities:** Your responsibilities will increase when the new baby arrives. Make sure to decide ahead of time where your son or daughter will be sleeping, and have clothes and accessories ready.

What are some other ways to prepare differently for a second

child? Share your thoughts below.