

Nicole Scherzinger and Longtime Beau Call It Quits



A
fter four years, former Pussycat Doll Nicole Scherzinger and Fitness One driver Lewis Hamilton have decided to call it quits, according to [RadarOnline](#). The duo met in 2007 at the European Music Awards, but their careers have kept them apart during most of the relationship. Scherzinger is currently a judge on the *X Factor* and is Hollywood-based, while Hamilton lives in Switzerland. A source confirms the split, saying, "So for now it's over. They think this is what's best."

How do you keep distance from breaking up your relationship?

Cupid's Advice:

There's no doubt that being apart for extended lengths of time while you're in a relationship is tough. Here are some ways to make it easier:

1. Use new technology: Now you talk to your significant other face-to-face every day if you wish, whether that means using Skype or Facetime on your iPhone. Make the distance a minor inconvenience instead of a deal breaker.

2. Consistently meet up: You can't be a couple and literally *never* see each other. Whether you travel to see your partner once a week, once a month, or every few months, it's important to make the effort to spend real time with your partner on a consistent basis.

3. Do things together: Yes, you're clearly not together, but that doesn't mean you can't do things together. Instead of just talking on the phone, watch a TV show or movie simultaneously. Call it a virtual date.

What are ways to keep a long distance relationship healthy? Share your ideas below.