

# How Disney Messed Up Your Romance



 By Tiffani Azani

**“There are over 100 million single adults over the age of 25 in our country, and for most of them, the thought of being single and dating is analogous to having a red hot poker jammed into their eye.” – Dating coach, Jo Amoia**

Let’s face it: 100 million is a lot of singles out there, and it makes us wonder why those people can’t find mates. A new theory called the Disney Myth has recently been brought to light by Dr. Joe Amoia, D.O. and professional relationship coach. It turns out that Disney movies aren’t quite as perfect as you had once imagined, because, according to the theory, when a woman goes out with a man and he doesn’t treat her like Prince Charming treated Cinderella, she becomes disillusioned. She becomes bitter about the whole dating process, because it’s not at all like she’d expected.

The thing is, most people tend to place all of the blame on women for having false expectations and vain imaginations about romance. But women aren’t the only ones who are being affected by the Disney Myth. Men, too, are putting on a Prince Charming act in order to capture the attention of a girl. Dr. J.R. Burns, M.D., psychiatrist and author of *The Tiger Woods Syndrome* says, “It is unfair to blame women for “foolish choices” when even the kindest, most religious and moral young men are using the same deceptive technique to woo and win women as the worst misogynist.”

When it comes down to it, the best policy is to always be yourself. Don’t expect fireworks on your first kiss or

butterflies in your stomach each time your love interest walks into a room. If you do, you'll be disappointed and disillusioned every time. Sure, these things can happen on occasion under the right circumstances, but they're exceptions and not the norm. Surely every evening in Prince Charming and Cinderella's home wasn't as joyfully starlit and romantic as their first meeting at the ball. In fact, the sequel to Cinderella dealt with some of those very things. You'll have to watch it for yourself to find out how Cinderella had to learn to adjust to the day-to-day activities of a high-class lifestyle.

So maybe Disney can't be blamed for bad romances, after all.

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