

Kristen Cavallari's Ex Fiance Jay Cutler Supports Her at DWTS



Kristen Cavallari and Jay Cutler called off their engagement just days after Cavallari did a wedding gown spread for Life&Style magazine in July. Talk about embarrassing! After a summer of being apart, Cutler was in the audience of *Dancing with the Stars* on Monday night to support his ex fiance, according to [People](#). The question on everyone's minds is, are they getting back together? Sources report that the duo are indeed trying to work out their issues.

What are some ways to show your support for your partner?

Cupid's Advice:

Supporting your partner shows that you care. Knowing that your mate is there for you and vice versa can ensure a long and happy relationship.

1. Show a little love: It doesn't take much to show support. Sometimes just lending an ear is all your partner needs to know that you care.

2. Show up: Take the time to attend big events that are important to your partner. Your significant other knows you could be at home watching TV instead, so simply being there is a big deal.

3. Show you've been paying attention: Ask your partner how things are going with their endeavors from time to time and give some advice on how they can improve. Remember, be supportive and not judgemental.

How have you shown support for your partner in the past? Share your experiences below.