

# Kristen Cavallari's Ex Fiance Jay Cutler Supports Her at DWTS



Kristen Cavallari and Jay Cutler called off their engagement just days after Cavallari did a wedding gown spread for Life&Style magazine in July. Talk about embarrassing! After a summer of being apart, Cutler was in the audience of *Dancing with the Stars* on Monday night to support his ex fiancée, according to [People](#). The question on everyone's minds is, are they getting back together? Sources report that the duo are indeed trying to work out their issues.

**What are some ways to show your support for your partner?**

## **Cupid's Advice:**

Supporting your partner shows that you care. Knowing that your mate is there for you and vice versa can ensure a long and happy relationship.

**1. Show a little love:** It doesn't take much to show support. Sometimes just lending an ear is all your partner needs to know that you care.

**2. Show up:** Take the time to attend big events that are important to your partner. Your significant other knows you could be at home watching TV instead, so simply being there is a big deal.

**3. Show you've been paying attention:** Ask your partner how things are going with their endeavors from time to time and give some advice on how they can improve. Remember, be supportive and not judgemental.

**How have you shown support for your partner in the past? Share your experiences below.**