Heather Locklear Celebrates 50th Birthday With Jack Wagner at the Beach





Heather Locklear

celebrated her 50th birthday with rest and relaxation, reports <u>People</u>. The former <u>Melrose Place</u> star spent her special day vacationing in Hawaii with fiancé Jack Wagner, 51. Locklear and Wagner announced their engagement in August, but have yet to set a date for the wedding.

What are some ways to enjoy a relaxing birthday weekend?

Cupid's Advice:

Though life can be stressful, your birthday is a time to relax and have fun. Here are a few tips for a relaxing birthday weekend:

1. Outsource your work: Instead of hosting a party, take

friends out to dinner. By going out, you eliminate all the cooking, cleaning, and prepping that needs to be done before and after a party.

2. Keep it small: Though you may be happy to see all of your friends, socializing with many people may wear you out. By inviting only a few, close friends, you can converse together in a small group, without having to worry about your other guests.

3. Enjoy yourself: Your birthday is one of the only days that revolves around you. Enjoy the day and do whatever you want. Sleep in, get a massage, go shopping or indulge in a mani/pedi. Don't let anybody else plan your schedule for you.

Have you had a relaxing birthday recently? Feel free to share your story below!