

'Glee' Star Lea Michele and Broadway Boyfriend Theo Stockman Split



Final curtain call!

Actors Lea Michele and Theo Stockman are no longer an item.

A rep for Michele told [People](#), "They will always be friends." Why the break-up? It seems after a year of dating, the relationship had simply run its course. The couple were originally spotted at an April 2010 event in New York celebrating *Time's* 100 Most Influential People issue.

How do you know when a relationship has "run its course"?

Cupid's Advice:

Dating is a chance to get to know a person and to see if they are someone with whom you want to spend the rest of your life.

When things don't work out, it's time to move on. Here's how to figure out when and how to end a relationship:

1. You're no longer attracted: Physical attraction isn't everything in a relationship, but it plays a huge part. If you no longer feel drawn to your beau sexually and you've tried everything to reignite the flame, it's time to rethink things.

2. Communication: Conversation is important for building and keeping a relationship. When discussion becomes non-existent, the relationship will soon follow suit.

3. You make time for other things first: If you always put yourself first and your relationship last, it's a bad sign. Maybe you're a single girl stuck in a girlfriend's body.

Have you ever stuck with a relationship even after it was time to call it quits? Share your experience below.