

Brad Pitt Trashes Marriage with Jennifer Aniston



Six years and six children later, Brad Pitt revealed his feelings toward his marriage with ex-wife, Jennifer Aniston.

Not holding back, Pitt described the once golden couple's union as everything, but ideal, according to [RadarOnline](#). In an interview with Parade, he stated, "I wasn't living an interesting life." He continued to explain, saying that he was "trying to pretend the marriage was something that it wasn't." The actor went on to praise his current love, Angelina Jolie, as the best thing that ever happened to him.

Fans of the Aniston responded in outrage to after hearing Pitt's comments about his life with the *Friends* star. He then backtracked saying that his unhappiness had nothing to do with his ex.

How do you keep the drama about a past relationship to a minimum?

Cupid's Advice:

Exes are a sore subject for many. Staying focused on what's happening in the present always helps to avoid reliving those heartbreaking moments, and it keeps gossip at a standstill.

Here are some tips:

1. Don't talk about it: Although this may be easier said than done, talking about the past brings up old feelings and memories that can bring you back to a bad time in your life.

Try to avoid conversations about your previous love life for the sanity of you and your partner.

2. Keep a positive attitude: Sometimes talking about your past mate is inevitable. During those times, try to stay positive and talk about some of the good that came out of it.

3. Focus on the present: If you focus on what's happening in the now, there is no need to constantly relive the past. Cast your attention toward a new job, new look or even a new love.

How do you avoid the drama of past relationships? Tell us your story below.