Céline Dion Pregnant With Twins!





Sixth time's the charm! After undergoing her sixth in-vitro fertilization attempt, Céline Dion and hubby René Angélil are expecting twins, Dion's rep Kim Jakwerth confirmed to <u>People</u>. The 42-year-old singer is 14 weeks along, and will find out the gender of the twins this month. The couple already has a 9-year-old son, René-Charles, who was also conceived through in vitro fertilization.

How can you transition from having a single child to care for to two newborns, especially after six heavy procedures to get pregnant?

Cupid's Advice:

Prepare, prepare, prepare.

1. Stay well: Maintain the healthy lifestyle you had while trying to get pregnant. Stay on top of doctor's visits, and recall tips from your previous pregnancy.

2. Keep your child involved: Your firstborn may feel neglected if a new baby or two enter the picture. Make sure they receive love and attention, and ask for their input concerning their sibling(s) to be, so the bonding process starts early.

3. Lean on others: Remember the strength of your partnership. If you're single, reach out to family and friends for support. No one should go through a pregnancy alone.