

'I Don't Know How She Does It' featuring Sarah Jessica Parker, Pierce Brosnan and Greg Kinnear



The job, the husband, the family and the body: Kate Reddy (Sarah Jessica Parker) has it all – at least on the surface. Reddy, a financial executive for a big New York company in Boston, is also the main breadwinner and mother of two in [*I Don't Know How She Does It*](#). Problems she has juggling this

already busy lifestyle become worse as Reddy makes an ambitious pitch to her boss (Pierce Brosnan) while her husband (Greg Kinnear) lands a new job. Based on a book of the same title, Parker's character has to learn that everything she aims for has a price.

How do you know when you've put your career ahead of family?

Cupid's Advice:

Although this is difficult to determine because each person's situation is different, here are some ways to determine whether work is taking over your life:

1. Necessity: It's one thing if you're bringing in all of the income for your family and it's another thing if you don't necessarily need to be away from them. Try to keep a balance if at all possible.

2. Kids are suffering: Should you choose to focus on your career and less on your partner or family, you need to make sure your kids will be well taken care of; if not, you need to tone the work down a notch.

3. Future repercussions: It's not always a question of what you love more (family or career), but often a question of your emotional attachment. Decide which you would miss more if you were to give it up.

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Rating: 2.5/5