

# Christina Milian & The Dream Announce Separation



On Monday, a rep for The Dream confirmed the separation of the producer from wife, singer Christina Milian, to [US Weekly](#). The confirmation of the split came shortly after the website released photos of The Dream playing on the beach with a mystery woman. The couple married this past September, and have a daughter, Violet, who is 5-months-old.

**How can you maintain the honeymoon stage through the first year of marriage?**

## **Cupid's Advice:**

The first year of marriage can be the hardest, especially once the actual honeymoon is over. Even if it's rough, you can make it through as a couple and a family by keeping the spark

alive, and keeping things special.

**1. Survive PHD (or 'post-honeymoon depression'):** It isn't easy to come back to the real world after spending a vacation in paradise with just you and your mate. Ease back into your routine, and remind yourselves that just because the trip has ended, doesn't mean the passion has to fizzle, too.

**2. Pick a date night:** You are getting settled into your new life together, which often means doing a lot of tedious errand running and paper filing. Schedule dates together once a week. Get out of the house and be a couple on the town.

**3. Celebrate the small things:** Once you're married, everything can become a 'first' again – make each of those firsts count. Have friends over when you are completely moved into your new place. Start a new tradition for your first holiday season as a married couple. In short, start making new memories together.