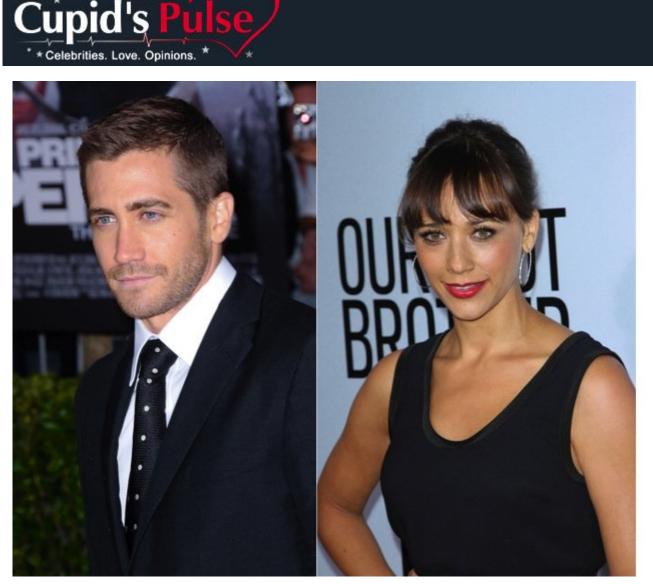
Jake Gyllenhaal Spends Time With Three Eligible Women In One Week



Jake Gyllenhaal is definitely enjoying the single life! The 30-year-old actor was spotted with no less than three women in one week, reports <u>People</u>. First, Gyllenhaal stopped at a gas station with Anna Kendrick on their way back from Las Vegas. Next, the eligible bachelor joined pal Rashida Jones for lunch at an organic, vegan café in L.A. Finally, he hung out with married Cougar Town star Busy Philipps, who is a longtime friend and fellow godparent to Matilda Ledger, Heath Ledger and Michelle Williams' daughter. Although all three women are said to be "just friends" with the *Love & Other Drugs* star, it looks like Gyllenhaal is still one of Hollywood's most popular bachelors.

What are things to be cautious of while dating around?

Cupid's Advice:

When you're single, you want to play the field without going overboard. Cupid has some tips on how to be careful, and yet still have fun while dating:

1. Overbooking: Even if you're a heartthrob movie star like Jake Gyllenhaal, more than three dates in a week can be a little overwhelming. It's not like you can't go out with more than one person at a time; just make sure you're giving each of your dates enough attention.

2. Being dishonest: When you're seeing someone new, you should be truthful right away. If you're not looking for a serious relationship, tell them that to avoid any confusion or hurt feelings.

3. Falling into a pattern: If dating bad boys hasn't exactly worked out for you, try changing your habits. By dating outside of your comfort zone, you'll find out what you like and in the process, you may also find "the one."

What else should you be wary of while casually dating? Share your comments below.