

'Real Housewives of Orange County' Stars Gretchen Rossi and Slade Smiley Go to Mexico



The *Real Housewives of Beverly Hills* may be dealing with the death of Taylor Armstrong's estranged husband's suicide, but one Housewife of Orange County was happy and relaxing poolside. Gretchen Rossi and her beau Slade Smiley headed down to Mexico for a little romantic five-day getaway, according to [RadarOnline](#). The duo stayed in the Presidential Suite at the recently opened resort called Villa del Palmar at the Islands of Loreto. They snorkeled, kayaked and paddle boarded the days away. In fact, Rossi had nothing but good things to say about the mini-vacation. "It's heavenly to be off-the-grid in such a romantic, gorgeous place!"

What are the benefits to your relationship when you go on vacation with your partner?

Cupid's Advice:

Sometimes a relationship can go stale when you follow a routine and do the same things over and over again. Going on vacation is a way to spice up your relationship. Here are some specific benefits:

1. Relax: Real life can be stressful, so going away with your partner is a great opportunity to forget your worries and simply enjoy each other's company.

2. Connect: On a day-to-day basis it can be difficult to remember to carve out quality time with your significant other. When you're on vacation, it's a good time to re-connect on a deeper level again.

3. Focus: There are so many distractions when you're juggling your career, the gym, a social life and potentially children. Getting away as a couple allows you to focus on each other ... and only each other.

What are some other relationship benefits of vacationing with your honey? Share your thoughts below.