

Is Scott Disick Heading Back to His Partying Ways?



After going through rehab and alcohol counseling in 2010, Scott Disick claims he's been laying off the booze. But Kourtney Kardashian is worried that her baby daddy is reverting back to drinking. According to UsMagazine.com, in Sunday's episode of *Keeping Up With the Kardashians*, Disick had to fly to Las Vegas and reassured his girlfriend that it was for business, but the hot mama was concerned when she dropped him off at the airport and saw Disick's friends drinking champagne.

How do you help your man with an addiction to partying?

Cupid's Advice:

If your partner has an addiction to partying, this may be a touchy issue. You're in a difficult position if you're trying to help your man with his problem, but he's pushing you away. Cupid has some tips:

1. Get help: You've probably already tried to get him to an AA meeting, but without much success. If he's reluctant toward seeking help, you can't physically drag him. You may not be able to control him, but you can control your own behavior. So start going to those Alc Anon meetings and get informed. You may get the advice you need to feel prepared to deliver an effective intervention.

2. Set limits: You may be afraid to offend him, but you have to be firm. Tell him that when he's drunk, you don't want to be around him ... and then stick to this rule. If he's thinking of calling in sick at the office, but you know he's actually suffering from a hangover, forbid him from taking the day off. He's gotta own up to his actions and you won't let him get away with it.

3. Confront him: Aside from delivering a formal intervention, you also want to communicate with him informally. He's probably in denial, and you'll have to shake him out of it. Keep emphasizing that his drinking is a disease and that it's unacceptable.

Is your partner a hard-core partier? Share your story below.