

Former 'Jersey Shore' Star Angelina Pivarnick Blames Media and Boyfriend for Miscarriage



Former *Jersey Shore* star Angelina Pivarnick says she suffered a miscarriage and opened up to Father Albert on his show about it, according to RadarOnline. Pivarnick was engaged to ex-boyfriend Dave Kovacs for a short time in February, and then she announced her pregnancy in April. Pivarnick admits that Kovacs wasn't the father, but instead it was a random guy she was with who tormented her. Pivarnick says the tabloids were constantly in her business and wouldn't leave her alone about her partying habits. "It was really hard and I went through a lot of stress and I ended up losing the baby."

How do you help your partner come to terms with a miscarriage?

Cupid's Advice:

The best thing you can do to support your partner in this situation is to simply be there. Here are three ways to do so:

1. Let her vent: Assure your partner that you're there to listen to every feeling they have about the miscarriage. Let her know that it's OK to express her feelings to you and that you'll be her shoulder to cry on.

2. Now it's your turn: Once you've let her vent, it's your turn to let everything out to her. Most importantly, make sure that nobody is playing the blame game. Miscarriages

happen unexpectedly and they're hurtful for both people in the relationship.

3. Seek help: If talking it out amongst each other isn't working, seek further help. This is indeed a tragic situation and you might need a psychiatrist to help you overcome it. Don't be afraid to go further, because everyone heals differently.

How did you help your partner come to terms with a miscarriage? Share in a comment below.