

Hugh Hefner Says He Missed a Bullet By Not Marrying Crystal Harris



According to [People](#),

Hugh Hefner is experiencing no hard feelings over Crystal Harris' decision to call off their wedding. In an interview on ET, he announced that by not marrying his ex-fiance, he "missed a bullet." The *Playboy* mogul declared that he's better off single. Reportedly, Harris dropped the bomb on him right before the wedding, not having given Hefner any clues to her change of heart. "I didn't see any of this coming... If you're having reservations about the person you've been with for two-and-a-half years, the logical thing is to sit down and talk about it," said Hef.

What are some positive ways to look at a broken engagement?

Cupid's Advice:

A broken engagement is often looked upon with a heavy heart. How can you handle it with a positive state of mind? Cupid has some tips:

1. Maintain self-worth: Remind yourself that no matter what, you deserve to be happy. Don't beat yourself up about the broken engagement, because it's best to have broken it off now than later.

2. Surround yourself by people who love you: Don't spend too much time mourning your broken engagement. Instead, spend time with family and friends. It's important to be around supportive people who value you.

2. Forgive: Holding a grudge against your ex isn't healthy. Forgiveness is one of the most difficult things to do, but it's also one of the most rewarding. If you're able to let go of your anger, you'll be able to look at this experience as something that allowed you to grow.

Got any tips on maintaining a positive attitude when dealing with a broken engagement? Share your comments below.