

Nick Lachey and Vanessa Minnillo Want Kids Soon



It seems that Nick Lachey is another one of the celebrity hunks who would now like to be a dad. Lachey, who is in a relationship with Vanessa Minnillo, is looking forward to having children, one of the reasons being that his age is beginning to show no mercy. "I'll be 38 this year, so it's one of those things that I'm certainly behind the eight-ball on," he told [People](#). Not only is a baby on his mind, but a wedding is as well. The ceremony, which will be a taped TLC special, will be a very special start to Lachey's dream of having a loving family.

What are the benefits of having children later in life?

Cupid's Advice:

Some people wait a very long time before having children, whereas others choose to have them early on. Cupid has some thoughts on why having children later in life may be a good

thing:

1. Stability: If you wait a while to have a child, you will allow yourself to have grown economically, mentally and emotionally. You won't have to deal with the extra moodiness that comes with being a teen and the financial struggles that come with first jobs.

2. Youth: By putting off having children, you'll be giving yourself a chance to experience and enjoy your youth without having to sacrifice for someone else. You'll avoid "growing up too fast." Being young only lasts for a short time, so enjoy it while you can.

3. Fit as ever: Saving a baby for later keeps your figure in shape while you're young. We all know the hassle of staying fit. Why not have nice bodies last while they still can?

Did you have a child later in life? Share your experience below.