

Ryan Phillippe Hangs With Pregnant Ex-Girlfriend

Let the rumors continue! Ryan Phillippe was spotted at a coffee shop in Los Angeles with pregnant ex-girlfriend Alexis Knapp. One inside source told UsMagazine.com that Phillippe, the alleged father, plans on taking a paternity test. "He doesn't know if he's the father. If it's his, he'll take responsibility." Could it be that Phillippe's third child is on its way?

What are some reasons to continue to associate with an ex?

Cupid's Advice:

It may be that your ex is the last person you're thinking about paying a visit to after a split, but that's not always the case. Clearly, Phillippe and Knapp think it's okay to spend time with your exes. Here's a few reasons why some ex-couples might choose to keep bonds:

1. Do it for the kids: If your ex is the father or mother of your child, you're probably going to be seeing him or her on a fairly regular basis. It's important for both parents to be up-to-date on their children's lives.

2. Keep the friendship: If you and your ex started off as friends before dating, you may want to maintain that original relationship. Friendship is something you can always fall back on for support.

3. Keep the friends circle: When you're in a relationship with someone, you share so much with your partner, including your friends, that don't just die off along with the relationship. It may take some time to readjust your role in your circle,

but it'll all pay off in the end.

What are some reasons to keep seeing your ex? Share your comments.