

Prince William and Princess Kate to Face Off In Dragonboat Race



It looks like a little friendly competition doesn't get in the way of Prince William and Kate Middleton's love for one another! North America is in great anticipation of the royal couple's tour, and a private secretary for the couple announced that the couple will be facing off in a Canadian dragonboat race on July 4th. The couple will have a race to Canada's Prince Edward Island where they will participate in some competitive sports with young fans and try out different delicacies, according to [People](#). After the couple's visit to Canada, they are reportedly heading to California for further engagements.

What are the benefits of healthy competition in a relationship?

Cupid's Advice:

There's nothing wrong with a little healthy competition in your relationship. Here's why:

1. Fun: Having a little competition in a relationship, whether it's with sports or even a board game, brings you both back to a time when things weren't so seriously in your life. And guys, don't let the girls win on purpose! It's so much more fun to truly compete.

2. Keeps you on your toes: Competition can spice things up a bit. It adds some excitement to the boring routine of going on romantic dates and allows the two of you to interact in a new way.

3. Shows a different side: When people are participating in a game, sport or contest, they tend to act differently than when they are in a relaxed environment on a date. It's nice to see a different side of the person you're involved with, whether it's true passion or simply getting into the spirit of competition.

What benefits do *you* believe there are to having a little healthy competition in a relationship? Share your thoughts below!