

Twilight's Nikki Reed and Idol's Paul McDonald Are Engaged



Breaking Dawn star

Nikki Reed and former *American Idol* contestant Paul McDonald are engaged after a whirlwind romance, reports [People](#). The pair hit it off after meeting in March, and have been extremely happy together since. Reed showed off her ring at the MTV Movie Awards on Sunday, where she told reporters, "He's the one. I've never met anyone like him. I've never met anyone who has such a good solid heart and comes from such a good solid family and is just a genuine person. We have the exact same sense of humor. I've never laughed so much with anyone as I do with him."

What are some things to be careful of in a whirlwind romance?

Cupid's Advice:

The swept-off-your feet feeling is highly coveted in a relationship. However, it's important to step back every once in a while. Here are a few things to be careful of in a whirlwind relationship:

1. Taking the right steps: It's fine to have a quick courtship, but make sure you are taking the right steps. For example, try giving your beau a key to your home or apartment before moving in together. Slowing down your relationship, even a little bit, will pay off in the end.

2. Discussing your goals: While you may only be concerned with your love for your partner, it's important to discuss future goals before taking the next big step. If the two of you want different things in life, your relationship may face struggles down the road.

3. Setting boundaries: Make sure the relationship is moving at a pace that's comfortable for both of you. Don't allow your partner to persuade you to take the next step if you don't feel ready. Make sure that you know how far you are willing to take the relationship, and stick to your convictions.

Have you had trouble in a whirlwind romance? Feel free to comment below!