

Blake Lively Says Breakups Are Never Dramatic For Her

According to Blake Lively, things are OK between her and *Gossip Girl* costar and ex-beau Penn Badgley. “Every relationship you have, you’re learning and growing and taking something from that,” she said in the most recent [Us Weekly](#). “So for me, it’s never been too dramatic of a thing when something ends.” She added that she doesn’t let public opinion influence her decisions, whether that means talk about her split from Badgley or her European excursion with actor Leonardo DiCaprio. “I have a strong sense of myself,” Lively said. “That gives me a sense of security, you know? If I define myself by things that are always changing, like the public’s opinion, or what I’m wearing, or what job I’m doing, there’s no stability in that.”

How do you assure that your breakup is drama-free?

Cupid’s Advice:

Ending a relationship doesn’t always have to be messy, so Cupid has a few suggestions to keep the drama-levels low:

- 1. Clean-cut:** When it’s time to throw in the towel, it’s very important that the two of you get some separation for a while.
- 2. Time heals all wounds:** It’s extremely difficult to go from a relationship to “staying friends.” It’s best to give it some time and then eventually try to be friends.
- 3. Independence Day:** Similar to Blake Lively, it’s important to have a strong foundation of self-confidence. After a break-up, take some time for yourself and don’t go jumping into another affair.

What is the best way to keep a breakup simple? Tell Cupid below.