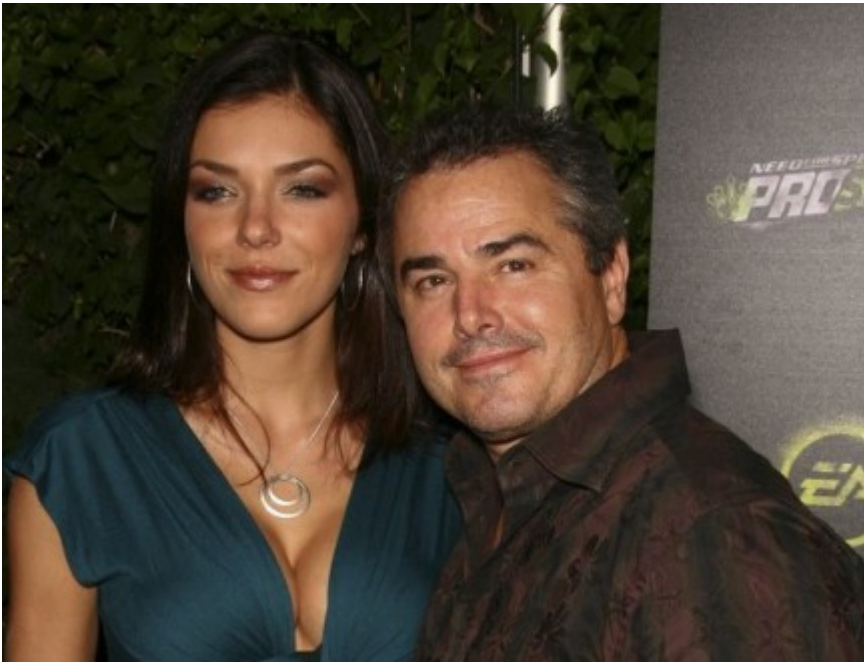


# Adrienne Curry and Christopher Knight Split



It looks as if Father Brady is back on the market, ladies! Former *Brady Bunch* star Christopher Knight and former *America's Next Top Model* contestant Adrienne Curry have decided to call it quits, according to [UsMagazine.com](http://UsMagazine.com). "After starting a relationship with what seemed to be irreconcilable differences, the couple has reached a period where those differences are no longer appreciated," said Phil Viardo, the couples' manager. The pair met when they were housemates on the VH1 series *The Surreal Life* and then married in 2006. Earlier this month, Curry admitted that she wasn't satisfied with her home life and turned to Twitter for attention. Another Hollywood romance is now a part of history!

**When you grow apart, what are some steps you can take to reconnect?**

## **Cupid's Advice:**

Like Adrienne Curry and Christopher Knights, differences can grow to be a bigger and bigger issue as your relationship lasts longer and longer. Cupid has some ideas on how to reconnect:

**1. Be open:** The best thing you can do in a relationship is communicate. Stay open and accepting about your differences. If you start to feel annoyed by something your partner is doing, make sure to let him or her know instead of blowing up when it gets really bad.

**2. Go back to the beginning:** One of the best ways to reconnect in a relationship is to take a look at the happy times you've had in the past. Open up the photo albums, and make reservations at the place you had your first date. Thinking about good memories may remind you why you started dating your partner in the first place.

**3. Carve out time:** Make sure you're spending quality time together on a weekly basis. Lives get busy and it's easy to forget to schedule in time alone with your partner, but it's an important part of your relationship. Simply spending more time together is a good way to reconnect.

**How did you reconnect with your partner in order to avoid divorce? Share your comments below.**