

Ex 'American Idol' Contestant Paul McDonald and 'Twilight' Star Nikki Reed Dating



It's official!

According to [OMG! from Yahoo](#), *American Idol*'s Paul McDonald and *Twilight* star Nikki Reed are a couple. The two met at a premiere and have been dating ever since. Although they have hectic schedules, McDonald states that Nikki has been "super supportive" throughout his time on *American Idol*, which unfortunately ended Thursday night when he was eliminated from the show. The biggest issue their relationship faces is making time to be with each other. "We haven't actually done much of that," says McDonald. "She's been busy working. I've been busy working." McDonald is now busy preparing for the *American Idol* tour, while Reed has been filming the final installment of *Twilight Saga: Breaking Dawn Part II*.

How does a relationship survive when you're both workaholics?

Cupid's Advice:

Relationships are hard enough without the added stress of a career in the back of your mind. Here are some tips on how you can ease some of that career/relationship tension:

1. Make time for each other: Although this may be difficult to do, it's important to have a date night at least once a week where the two of you put work out of your minds and focus on each other. No cell phones or business calls – just the two of you enjoying each other's company.

2. Video chatting: If the two of you are constantly traveling on business and don't get to see each other often, why not video chat? This allows you to see and talk to one another rather than simply texting or having a phone conversation over the phone. Skype and Oovo are free, easy to use and becoming extremely popular. There are also other available apps, like Face Time for the iPhone.

3. Take a vacation: If both of you can coordinate your vacation time so you can be together, do it! This way, you guys can have a fun, romantic getaway. Forget about work for a couple of days and enjoy each other's company.

If you find yourself struggling to balance your relationship with your career, share with us in a comment below.