

# Keira Knightley Talks Balancing Love and Her Career



Focused on balancing her work life with her personal one, *Pirates of the Caribbean* star Keira Knightley was spotted smooching her new man, James Righton, in a park in East London. Righton is the keyboard player for the Klaxons. According to [UsMagazine.com](http://UsMagazine.com), the actress and the musician were introduced by a mutual friend, Alexa Chung. This is the first major relationship Knightley has had since breaking up with her boyfriend of five years, Rupert Friend. "It's hard to have a relationship when I'm working so much," she told [Marie Claire](http://Marie Claire). "But then you have to think, 'What is actually

important in life?’ Is career your only thing? That’s sad, because there’s going to come a day when you’re left lonely. It’s a difficult compromise. I think you’ve got to strive for balance. It’s the striving that counts.”

## **How do you maintain balance between work and a relationship?**

### **Cupid’s Advice:**

Keeping a balance between your career and your love life is one of the most difficult things to achieve. Though it may seem impossible at times, having a balanced life is possible by managing your time and keeping open lines of communication:

- 1. Mix business with pleasure:** If you’re having a drink with your co-workers after work, invite your partner to come along. This can help bring these two very different aspects of your life together in a casual setting.
- 2. Set time aside:** Time management is the key to solving many of life’s problems, and it can significantly help balance your love life with your career.
- 3. Be each other’s advocates:** Support your partner in his or her career and show understanding when he has to spend more time at work than you would like.

**How do you balance having a great love life along with a great career? Tweet your tips to [@CupidsPulse](#) using the hashtag [#worklovebalance](#).**