

Mark-Paul Gosselaar & Lisa Ann Russell Split After 14 Years!



After 14 years of marriage and two children together, Mark-Paul Gosselaar (better known as Zack Morris from *Saved By the Bell*) filed for divorce on June 18 from Lisa Ann Russell. [TMZ](#) confirmed the split on Friday. The couple's rep told [UsMagazine.com](#) that they will remain "focused on their family and are jointly committed to their children."

How can you focus on the kids when you dissolve a marriage?

Cupid's Advice:

No one wants to end a relationship, but there are times when

parents find themselves sitting with lawyers to divide their assets – and figure out what to do about their children. Here are some ways to help alleviate stress when the kids are involved:

- 1. Let the older kids speak:** When dealing with something as permanent as divorce, always put the kids first. If they're old enough, talk with them and ask if they have any questions. If they're too young to understand, ensure that you spend positive quality time together as frequently as possible.
- 2. Play nice with your ex:** You may think this an easy task, but when a relationship ends, you're bound to strike an occasional sour note. Try to keep tempers and attitudes in check, especially if the kids are within earshot.
- 3. Separate the issues:** Ending your marriage shouldn't be a nasty fight to the finish. Work things out amicably and make sure you work out child custody arrangements. When the kids see that the two of you get along better now that you're apart, they may feel that the divorce was a better choice versus seeing their parents fighting constantly.