

Celebrity News: 'Bachelorette' Clare Crawley Says She's 'Going Through Things' After Thanksgiving with Dale

By Nicole Maher

In the latest [celebrity news](#), former *Bachelorette* Clare Crawley alluded to some troubles in her [celebrity relationship](#) with Dale Moss after the pair spent this Thanksgiving together. According to *UsMagazine.com*, Crawley provided insight into the issues of their relationship in an Instagram caption, and explained how being a [reality television star](#) does not “exempt” her from having real emotions. The pair made history after getting engaged after just two weeks on the show this past season.

In celebrity news, things may not be rainbows and roses for Clare Crawley and her new beau, Dale. What are some signs your relationship needs help?

Cupid's Advice:

Every relationship is bound to run into issues at some point, whether it is early-on or after some time. While tough to navigate, these issues can point you to the areas of your

relationship that need some more attention. If you are looking for some signs that your relationship needs help, Cupid has some advice for you:

1. You've stopped trying to problem-solve: In a healthy relationship, most issues are addressed with problem-solving and compromise. However, if these issues have caused you to avoid discussing possible solutions and led you to avoid the topic altogether, then it is a sign that your relationship needs help. Looking for new areas of compromise or different communication strategies may help you work through this rocky period.

Related Link: [Celebrity News: New 'Bachelorette' Tayshia Adams Defends Contestants After Taking Over for Clare Crawley](#)

2. You've purposely spent less time together: Everyone needs a break from the partner occasionally, even if it is just for a few hours. But if you find yourself looking for extra opportunities to spend some time away from your partner, it may be a sign that your relationship needs help. This person should be considered a safe-space in your life, not someone you are looking to avoid.

Related Link: [Celebrity News: DeAnna Pappas Hints At Clare Crawley's Relationship Status with Dale Moss](#)

3. You have fundamental differences: Especially in newer relationships, it can be exciting when you have a lot in common with your partner, but challenging when you start discovering differences. Large fundamental differences, such as desired living situations and future ideas of marriage and children, can reveal areas of your relationship that need help. If both partners are willing to compromise in some areas, it could easily become a resolved issue.

What are some other signs that a relationship needs help? Start a conversation in the comments below.