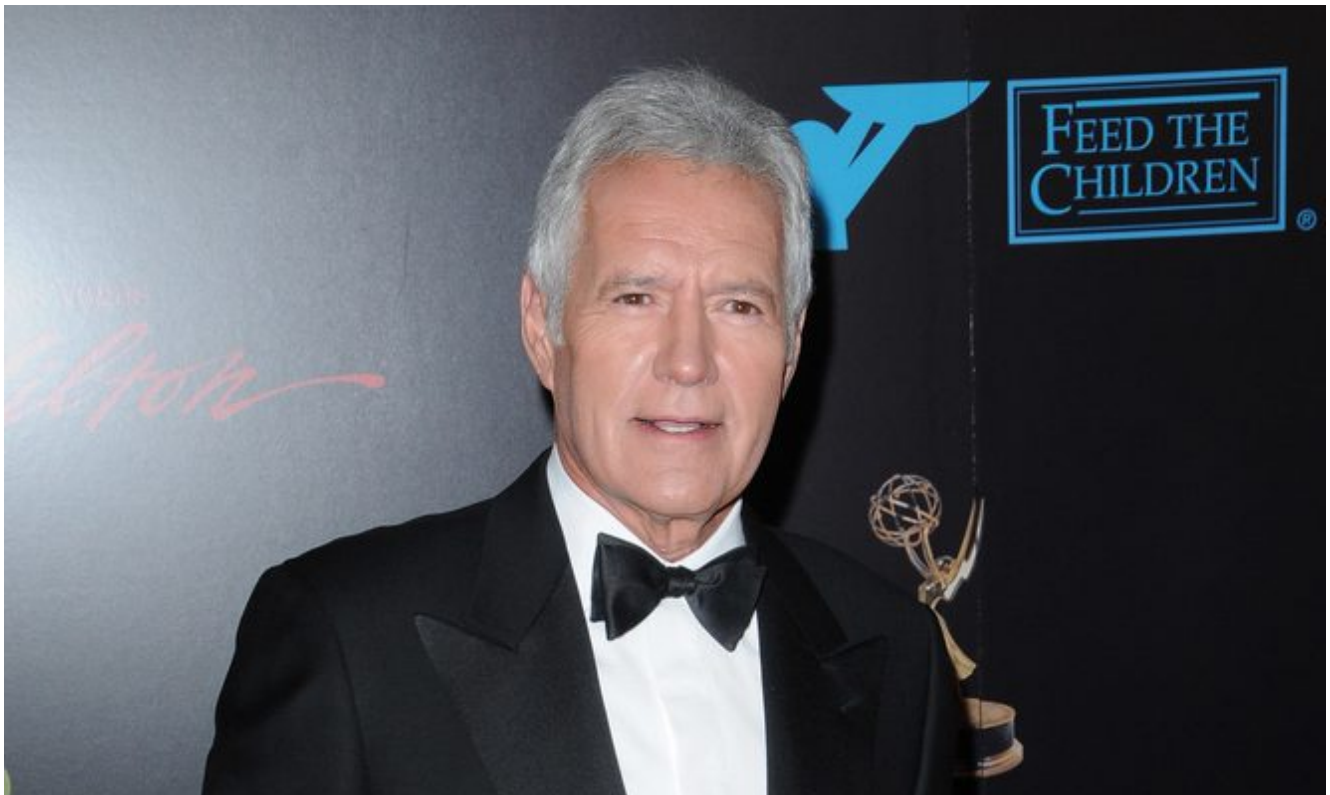


Celebrity News: Alex Trebek's Wife Shares Photo of Their Wedding After Thanking Fans for Support After His Death



By Nicole Maher

In the latest [celebrity news](#), Alex Trebek's wife shared a wedding photo of the couple after thanking his fans for their support. According to *People.com*, Jean Trebek shared a photo on Instagram following the death of her husband and host of *Jeopardy!* Trebek passed away at the age of 80 after fighting stage four pancreatic cancer for nearly two years. The [celebrity couple](#) had been happily married for twenty-nine years at the time of his passing

In celebrity news, Alex Trebek's wife is thankful for the support of the public after Trebek's passing from cancer. What are some ways to cope if your partner passes away?

Cupid's Advice:

No matter how much time you may have to prepare, losing the life your partner is heartbreaking. While the support and wishes of loved ones can help, there will still be strong feelings of loss. If you are looking for some ways to cope with a partner's passing, Cupid has some advice for you:

1. Give yourself time: One of the easiest and most effective ways to cope with a loss is to give yourself time. While it sounds simple, many people try to force their way through the grief process so their life can return to some form of normalcy. However, this can cause issues to rise in the future, so giving yourself ample time following the loss of a partner is the best way to cope with their absence long-term.

Related Link: [Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call it Quits](#)

2. Consider your surroundings: It is important to take into account your surroundings following the loss of a partner. Decide whether going places you enjoyed together brings you peace or makes you upset. The same consideration should be thought about in terms of your partner's belongings. Consider whether being surrounded by items that remind you of them is beneficial or harmful in your personal healing process.

Related Link: [Celebrity Break-Up: 'RHOBH' Star Erika Jayne & Tom Girardi Split After 21 Years Together](#)

3. Tell their stories: Sometimes when we lose someone we love, we tend to stop talking about them. However, just because they are no longer physically does not mean that you have to completely remove them from your life. After enough time has passed, continue to share the memories you created with your past partner with others to help in remembering them.

What are some other ways to cope with the loss of a partner? Start a conversation in the comments below.