

# Celebrity Baby News: 'Bachelor in Paradise' Contestant Krystal Nielson Is Pregnant with First Child



By Nicole Maher

In the latest [celebrity news](#), former *Bachelor in Paradise* contestant Krystal Nielson revealed that she is expecting her first child with boyfriend Miles Bowles. According to *UsMagazine.com*, Nielson revealed the couple is expecting a [celebrity baby](#) in a video posted to YouTube. Nielson and Miles made their relationship official this past October following Nielson's split from her husband Chris Randone. Nielson and Randone had been married for roughly eight months before their

deciding to separate.

## In celebrity baby news, *BiP* star Krystal Nielson is pregnant with her boyfriend of eight months. What are some ways to prepare a newer relationship for a baby?

### Cupid's Advice:

Having a child can be a large adjustment for any relationship, especially one that is relatively new. If you are looking for some ways to prepare a newer relationship for a baby, Cupid has some advice for you:

**1. Balance responsibility:** There is a lot of planning and preparation that comes with expecting a child. Be sure that these responsibilities are balanced between you and your partner. While one of you may be responsible for getting the nursery ready, the other may take on the task of baby-proofing the kitchen. Balancing these types of responsibilities is a great way to get both of you involved and excited about the child you are having.

**Related Link:** [Celebrity News: New 'Bachelorette' Tayshia Adams Defends Contestants After Taking Over for Clare Crawley](#)

**2. Discuss expectations:** Having a child can drastically change the dynamic of a relationship, so discussing future expectations is a must. Topics such as child care plans, living situations, and the future of your relationship are important to have early on to avoid conflict later. If you and your partner have different expectations, find ways to work through them and compromise for the benefit of your future child.

**Related Link:** [Celebrity News: DeAnna Pappas Hints At Clare Crawley's Relationship Status with Dale Moss](#)

**3. Continue relationship growth:** Even though you may be focused on preparing for your child, it is still important to prioritize the growth of your relationship. Continue to go on dates and spend time together that does not revolve around child-preparation activities. This will show your partner that you view them as equally important to your future child and get them excited about becoming a family!

**What are some other ways to prepare a newer relationship for a baby? Start a conversation in the comments below!**