

Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich's Messy Split



By Carly Silva

In the [latest celebrity news](#), Demi Lovato and Max Ehrich's [celebrity break-up](#) got messy after the two broke off their engagement last week. The [celebrity couple](#) went public with their relationship in May, and Ehrich quickly put a ring on it in July. According to *UsMagazine.com*, the split came after distance made their relationship complicated, and Ehrich took to Instagram to call out the former Disney star.

In celebrity break-up news, this broken engagement isn't going smoothly so far. What are some ways to keep your split as uneventful as possible?

Cupid's Advice:

Break-ups don't always end peacefully, and sometimes the drama can get out of hand. If you are looking for ways to deescalate the drama and keep your split as uneventful as possible, Cupid has some advice for you:

1. Try not to make a scene: When you're going through a breakup, there will obviously be a lot of emotions and pain, but it's important not to blow it up too much. Try your best to maintain composure and refrain from making a scene. This will make it easier to end the relationship peacefully and move forward without some huge blow-up making the situation worse.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

2. Stay off social media: A lot of times, couples will use social media to communicate with their ex, and it can get really messy. Saying anything over social media is so public and makes matters worse. Instead of messaging, commenting, following, or unfollowing your ex on social media, try to only communicate with them in person to remove the excess drama that comes with social media.

Related Link: [Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing](#)

3. Keep it private: Another way to keep your split uneventful

is to keep it as private as possible. Obviously your friends and family are going to find out about the split, but you don't necessarily have to air all of your dirty laundry to everyone in the world. Keeping the fallout of your relationship and the details of the break-up somewhat private will help to keep the drama to a minimum.

What are some other ways to keep your split as uneventful as possible? Start a conversation in the comments down below!