## Celebrity Baby News: Penn Badgley & Domino Kirke Welcome First Child Together



By Nicole Maher

In the latest <u>celebrity news</u>, Penn Badgely and Domino Kirke welcomed their first <u>celebrity baby</u> together after having multiple miscarriages. According to UsMagazine.com, the <u>celebrity couple</u> first shared the news of their baby's birth on Kirke's Instagram. While this is the first child the couple have together, Badgley has been acting as a stepfather toward Kirke's ten-year-old son, Cassius, from a previous relationship. Kirke has described her husband Badgley as being a "good stepdad," and is excited to raise their own child together as well. In celebrity baby news, Penn and Domino welcomed a child together after suffering multiple miscarriages. What are some ways to support each other through a miscarriage?

## Cupid's Advice:

There is so much excitement around expecting a child with your partner, and the last thing you want to consider is the possibility of having a miscarriage. Unfortunately, many couples do experience miscarriages during their pregnancy journeys. If you are looking for ways to support your partner and relationship through a miscarriage, Cupid has some advice for you:

1. Relieve any guilt: Miscarriages are one of the most emotional events a couple can experience when trying to have a child. Despite following all of the pregnancy guidelines and visiting doctors regularly, an issue such as miscarriage can still occur. It is important to remove any guilt or blame surrounding a miscarriage, and assure both partners that neither of them are at fault.

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2. Develop a plan: Deciding on the next-steps following a miscarriage are painful but necessary. These types of events can be emotionally exhausting in a relationship, and it is important to discuss how both of you wish to move forward together. Having a conversation about if and when to try again, as well as the possibility of exploring other options

can help relieve some stress and provide a new sense of hope in the relationship.

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**3. Attend to the family:** After a miscarriage, a majority of the attention goes to the woman who was pregnant. While it is essential to support her through this process, it is also important to tend to the rest of the family. Both partners and any existing children were all likely looking forward to welcoming a new child into the family, and will all have their own grief processes following a miscarriage.

What are some other ways to support your partner through a miscarriage? Start a conversation in the comments below.