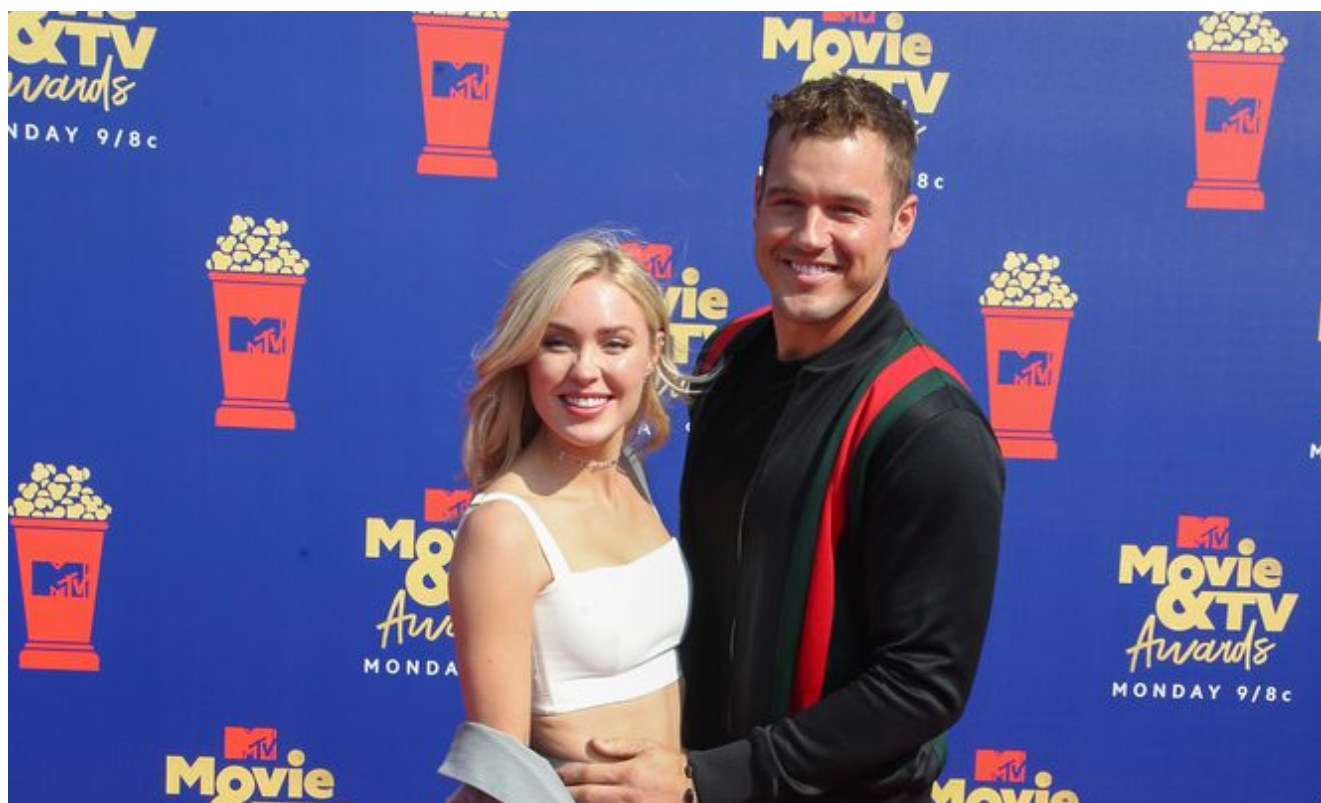


Celebrity Break-Ups: Former 'Bachelor' Colton Underwood & Cassie Randolph Restraining Order Court Hearing Set for October



By Carly Silva

In the [latest celebrity news](#), former *Bachelor* Colton Underwood will appear in court in October with ex Cassie Randolph after she was granted a restraining order against the [Reality TV star](#). The two ex-lovers went public about their split in May, and have had a messy fallout since. According to *UsMagazine.com*, Randolph claimed that Underwood has been

“stalking and harassing” her, causing her to take legal action.

In celebrity break-up news, Colton and Cassie seem to be going through the worst possible break-up scenario. What do you do if you’re trying to cease contact with your ex, but he or she won’t take “no” for an answer?

Cupid’s Advice:

It can be really hard for some people to let go when going through a breakup. If you’re trying to stop contact with your ex, but they won’t take “no” for an answer, Cupid has some advice for you:

1. Talk to them first: Sometimes it can be awkward to tell your ex to stop contacting you, but you want to make sure they definitely receive the message. Ask for some privacy, and make sure it’s extremely clear that you don’t want them to reach out anymore.

Related Link: [Celebrity News: Jada Pinkett Smith and Will Smith’s Public Split Discussion Was Best Move for Them](#)

2. Try blocking them: If your ex still isn’t taking “no” for an answer, it may be time to block them. You can block their number and their social media accounts to try to get back some privacy.

Related Link: [Celebrity Break-Up: Jaime King’s Ex Kyle Newman Says She Emptied Bank Account in Divorce Battle](#)

3. Take it even further if you need to: If your ex is incessant and you have tried everything, it's okay to take it a step further if needed. Contacting the police or filing a restraining order is drastic, but it may be necessary if your ex still won't leave you alone.

What do you do if you're trying to cease contact with your ex, but he or she won't take "no" for an answer? Start a conversation in the comments down below!