

Celebrity News: False Alarm! 'Pump Rules' Lala Kent & Randall Emmett Are Still Together



By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Lala Kent cleared the air regarding split speculation surrounding her and fiancé Randall Emmett, after deleting photos of him via social media over the weekend. According to *UsMagazine.com*, the *Vanderpump Rules* star posted a statement on her Instagram story that cleared everything up. "It won't be the last time I archive pictures of Rand when he makes me mad. I'm petty AF. It will happen again and again until I grow out of it & it's the most

petty thing I do, I'm okay with it." She later added. "Also, Rand and I have never followed each other, in fact we have had each other blocked since we got together."

In celebrity news, Lala Kent cleared the air about rumors that she and her fiancé Randall were on the rocks. What are some ways to keep rumors from affecting your relationship?

Cupid's Advice:

Rumors are inevitable especially if you're in the public eye. Although dodging rumors is impossible that doesn't mean it need to affect your relationship. If you are looking to keep rumor from affecting your relationship, Cupid has some advice for you:

1. Don't pay it any mind: Ignoring rumors is the perfect way to help it die out fast. If you don't give the rumor any attention it shows that you're too mature to entertain fake news.

Related Link: [Celebrity News: Lala Kent Says Life is a 'Mess' & Deletes Pics of Fiance Randall Emmett](#)

2. Address the rumors: Although ignoring works, addressing the rumors head on works as well. Shutting down the rumors as soon as you hear them is quick way to keep anyone else from talking about it.

Related Link: [Celebrity News: 'Pump Rules' Lala Kent Deletes Instagram Pics of Fiance Randall Emmett](#)

3. Don't give people something to talk about: If you keep your relationship out of spotlight, then people won't have anything to say about your relationship due to the fact that they don't know anything about it.

What are some other ways to keep rumors from affecting your relationship? Start a conversation in the comments below!