

Celebrity News: Kanye West Visits Hospital for 'Anxiety' After Apologizing to Kim Kardashian



By

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In latest [celebrity news](#), Kanye West visited a hospital near his ranch in Cody, Wyoming, after publicly apologizing to his wife, Kim Kardashian. According to *UsMagazine.com*, West has been experiencing a lot of anxiety lately, and he has been surrounded by a lot of people and started to feel really overwhelmed. West decided to go to the hospital to get checked out. "I would like to apologize to my wife Kim for going public with something that was a private matter," he tweeted.

“I did not cover her like she has covered me. To Kim I want to say I know I hurt you. Please forgive me. Thank you for always being there for me.” West is reportedly feeling much better now and the [famous celebrity couple](#) are getting back on good terms.

In celebrity news, Kanye West is picking up the pieces after his Twitter rant against wife Kim Kardashian. What are some ways to show your partner you're truly sorry for something you did?

Cupid's Advice:

Apologies can be difficult to deliver and even then, it isn't a sure thing that you'll be forgiven. If you're looking for ways to show your partner you're truly sorry for something you did, Cupid has some advice for you:

1. Make a big statement: Sometimes the best apology isn't just to your partner, but on a big platform for a lot of people to see. That can be done on social media or may be at a big event with a lot of people. Overall you're trying to achieve the goal of multiple people seeing or hearing your apology.

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2. Let your actions speak louder: There's one thing to say you're sorry and then another thing to actually be sorry. After you apologize, you need to make sure that you're not making the same mistakes. Show your partner that you truly are sorry after you tell them.

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3. Offer to do what's needed: Now that you've apologized, that doesn't mean you're completely in the clear. Ask your partner if there's anything that you can do to make them feel better. Be there to support them in whatever that they need.

What are some other ways to show your partner you're truly sorry for something you did? Start a conversation in the comments below!