

# Celebrity Break-Up: Ryan Seacrest & Shayna Taylor Split for the Third Time



By Alycia Williams

In latest [celebrity news](#), Ryan Seacrest and Shayna Taylor called it quits for the third time in the past eight years.

According to *UsMagazine.com*, the [celebrity couple](#) are remaining good friends and will always be each others' biggest supporters. They will also cherish the time they spent together as a couple. Seacrest, who is in Mexico with some friends, was spotted a few times with another woman. They've been pictured holding hands and relaxing on the beach together, very soon after his [celebrity break-up](#).

# In celebrity break-up news, Ryan and Shayna called it quits, and it seems Ryan has already moved on. How do you know when you're ready to move on after a long-term relationship?

## Cupid's Advice:

When you're in a relationship for a long time and things aren't going so well, it's hard to know when you should continue to work on your relationship or move on. If you are in a long-term relationship and you're not sure if you should move on, Cupid has some advice for you:

**1. You've lost interest:** In the beginning of the relationship, you two were inseparable. Late night phone calls, endless text conversations, and spontaneous dates were the norm, and it seemed like you would be together forever. If you've lost that same spark that you had when you first got together completely, then chances are it's not coming back.

**Related Link:** [Celebrity News: Josh Groban & Kat Dennings Break Up After 2 Years of Dating](#)

**2. You fight constantly:** Disagreements within a relationship are perfectly normal, but if you find you and your partner fighting a lot more than usual, then it's time to take a broader scope to the relationship. If fights outweigh the good times that you have, then it's time to call it quits.

**Related Link:** [Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years](#)

**3. You avoid future plans:** If you're in a long-term

relationship, then planning ahead should be natural, because you see a long-term future with each other. If you find yourself not planning a future with your partner, that just means you don't see this person in your future. In that case, it's time to move on.

**What are some other ways to know when you're ready to move on after a long-term relationship? Start a conversation in the comments below!**