

Celebrity News: Prince Harry's Ex Cressida Bonas Feared Being Labeled 'It' Girl After Split



By

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In the latest [celebrity news](#), Prince Harry's ex Cressida Bonas has opened up about life post-royal-split and how the relationship held her back. According to *UsMagazine.com*, Bonas feared her reputation would leave her branded as an "it" girl once the duo broke up, but she now has found the confidence to pursue her passions. The pair amicably went their separate ways in 2014 but remained on friendly terms as Bonas attended his wedding to Meghan Markle.

In celebrity news, Cressida Bonas was afraid of what people would think of her after her split from Prince Harry. What are some ways to keep your break-up from causing gossip and rumors?

Cupid's Advice:

Gossip and rumors can cause quite a rift in any relationship, often leading to a break-up. If you're wondering how to navigate the post-split waters without any of that negativity, Cupid has some advice for you:

1. Stay on the same page: Break-ups are tough for both parties, even when they're amicable. Moving on from a relationship and person that's held such a prominent position in your life is challenging. If you're worried about people gossiping and starting rumors about your relationship, then you need to have a conversation with your ex-partner. Let them know how you're feeling and get on the same page about what's going on.

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2. Be respectful: The last thing you want is to sour your split and have it turn messy. Once the two of you have gone your separate ways, be respectful. Honor the memories you shared and understand that it's now time to embark on a new chapter in your life. Unless your ex has done something awful, there's no need to soil and tarnish their reputation in the public sphere. You wouldn't want them speaking negatively about you without cause either!

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3. Redirect: If you're finding yourself surrounded by gossip about your relationship, set the record straight, and then move on. Understand why it ended, respect the feelings and decisions within the relationship, and then move forward. Redirect the conversation to what you're doing with your future and the other stuff that's happening in your life. The ins and outs of your relationship are nobody's business but yours and your former partner's.

How would you keep your break-up drama-free? Start a conversation in the comments below!