

# Celebrity Break-Up: Mary-Kate Olsen Officially Files for Divorce from Olivier Sarkozy



By Alycia Williams

In latest [celebrity news](#), Mary-Kate Olsen filed for a [celebrity divorce](#) from Olivier Sarkozy. According to *EOnline.com*, Olsen requested an emergency divorce filing initially. The request was denied due to the COVID-19 pandemic. After a few weeks, Olsen was finally able to file for divorce now that New York courts began allowing lawsuits and divorces to be filed online again.

# In celebrity break-up news, Mary-Kate Olsen was finally able to file for divorce from her husband. What are some ways to handle the initial fall-out from a split?

## Cupid's Advice:

Break-ups can be very difficult thing to process, especially when you're married. Dealing with the those first steps of the break-up can be be really hard to navigate. If you are looking for ways to handle the initial fall-out from a split then, Cupid has some advice for you:

**1. Deal with the logistics:** When you're in a relationship that has lasted for a long time you both may share a lot of things. Whether it's you're belongings or you're home, you guys should decipher who's going to keep what and just come to a common ground.

**Related Link:** [Celebrity Break-Up: Kylie Jenner & Travis Scott Are Taking a Break](#)

**2. Make a plan for friends:** Couples love to hangout with other couples but, when you guys break up it's important to figure out what you're going to do about interacting with mutual friends. Break down together who will hang out with who, that way you both don't have to have an awkward moment hanging out with shared friends.

**Related Link:** [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

**3. Seek help to navigate your emotions:** Seeking help after a breakup can be extremely helpful. Having someone to talk to and rely on after a break-up can help you recover faster. This

help doesn't even have to be professional, it can be a family member or a friend. As long as they are willing to listen to you vent about the break-up.

**What are some other ways to handle the initial fall-out from a spilt? Start a conversation in the comments below!**