

Celebrity Divorce: Judge Rejects Mary-Kate Olsen's Emergency Divorce Filing from Olivier Sarkozy



By Ellie Rice

In the latest [celebrity news](#), Mary-Kate Olsen and Olivier Sarkozy are headed for divorce. According to *UsMagazine.com*, Olsen's emergency divorce filing was denied because of its "non-essential" categorizing. Olsen cited that she was afraid Sarkozy would force her out of their living space as her reasoning behind the emergency filing. The pair had been married for five years prior to the split, after meeting back in 2012. We hope these two are able to peacefully go their

separate ways!

In celebrity divorce news, Mary-Kate won't be a single woman for a while yet, as her divorce filing wasn't deemed essential. What are some ways to navigate the transition from married to single amid a divorce?

Cupid's Advice:

Going through a divorce signifies a time for new beginnings and change. If you're curious about how to move forward and navigate this transition, Cupid has some advice for you:

1. One step at a time: Feeling comfortable in this new chapter of your life will take some getting used to. It's important that you acknowledge what went wrong and understand your emotional needs. Divorce is a serious and final solution to a relationship that isn't working out. By recognizing what led to its demise, you will be able to learn from it and move forward with your life. Seek professional help or group therapy if you are having trouble figuring your path out!

Related Link: [Celebrity News: Mary-Kate Olsen's Transformation From Tabloid Queen to Happy Homebody](#)

2. Build your support network: Surrounding yourself with loved ones and people you care about is crucial during this period of adjustment. There is nothing more powerful than the love of your friends and family, especially when moving on from a former lover. They will be there for you throughout this process to help you move on and live your wonderful life. Not

only will your network be supportive while you're going through pain, but also when you feel ready to embark on the dating world once again! Don't be afraid to lean on these people and let them know just how you are feeling.

Related Link: [Relationship Advice: Does Marriage Change Your Feelings?](#)

3. Find what makes you happy: Look at this new period of your life as a time for yourself. You're unattached from a relationship and all of the emotional constraints that come with it. This change doesn't have to be seen as a negative if you're able to find happiness within yourself. Start finding activities or things that bring you joy. Whether that's meditation, cooking, or spending time outside, it is all up to you!

How would you navigate this transition? Start a conversation in the comments below!