

Celebrity Couple News: Kate Beckinsale Defends New Relationship with Goody Grace



By Ellie Rice

In the latest [celebrity news](#), Kate Beckinsale had to defend her new relationship with singer, Goody Grace from internet hate this past weekend. According to *UsMagazine.com*, an Instagram user tried to throw shade at Beckinsale and her rumored new beau, but she clapped back and stood up for her man. Beckinsale's dating choices have been a cause for controversy because of her past dating much younger men. We love to see a strong woman taking charge of her relationships!

In celebrity news, Kate Beckinsale isn't afraid to stand up for her relationship. What are some ways you can stand up for your partner in situations that call for it?

Cupid's Advice:

Just as it's important to stand up for yourself, you should feel confident protecting your partner as well. If you're wondering how to do that, Cupid has some advice for you:

1. To the family: If your family has a lot of critiques for your significant other or hasn't always been fond of your relationship, it's time to change their mind. Instances related to family are definitely one of the leading situations where you would need to stand up for your boyfriend or girlfriend. Don't be afraid to take charge of the situation and explain that this conversation will not continue unless you can be on the same respectful page. Explain to them how your partner makes you feel and the love you have for them. It might just take standing your ground for them to back down and understand your boundaries.

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2. With your friends: Just because you joke around or vent about your relationship doesn't make it okay for your friends to do the same. If you feel like they are continuously crossing the line with their comments about your partner, then you need to have a conversation about it. Your friends just want the best for you so they may be coming from a place of worry or ignorance to their actions. Reassure them that their love for you is validated, but their behaviors have gone too

far. Open and honest conversations are the best solution.

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3. With themselves: If your partner is constantly getting down on themselves and expressing doubts with their own abilities whether personally or work related, stand up for them. Everyone feeds into negativity at certain points in their lives, so having an awesome support system is crucial. Let them know how incredible you think they are and help boost their confidence!

How would you stand up for a loved one if the situation called for it? Start a conversation in the comments below!