## Celebrity Exes: Bradley Cooper & Renee Zellweger Reunite at Oscars 2020



By <u>Hope Ankney</u>

In the latest <u>celebrity news</u>, <u>celebrity exes</u> Bradley Cooper and Renee Zellweger were spotted mingling together at the 2020 Oscars. UsMagazine.com reported that the two were being cordial with one another before taking their seats as the award show started. The pair began dating soon after working together on the thriller *Case 29* in 2009. They then split back in 2011.

## These celebrity exes kept it cordial and mingled at this year's Oscars. What are some reasons to remain cordial with your ex after a break-up?

## Cupid's Advice:

Staying cordial with an ex can sometimes be tricky. If you and your ex ended on less than ideal terms, it can be even trickier to find a medium ground between the two of you. It doesn't help if you have to see each other more often than you would like. If you're having trouble keeping it amicable with an ex, don't worry! Cupid has some <u>relationship advice</u> to help you wade through those waters after a break-up:

1. Let time pass: Sometimes, the best healing agent is the act of absence. Even if you are forced to be at the same functions or events as an ex, it's easier to stay clear of them until both of you are at a point that you can talk to one another cordially. It'll be less stressful and much more rewarding if you keep your distance when you work on interacting publicly.

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2. Meet up to discuss problems: If you both are at a place that you can meet and hash out your issues, that would be a great step for forging a cordial relationship with an ex. You guys can get everything out into the open, understand why one of you felt the way you did, and find common ground. Besides, this is a perfect opportunity to get closure if you didn't already have it.

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3. Bring friends as support: If you know you're going to have to interact with an ex at a function or event, surround yourself with friends to make sure it all runs smoothly. They won't allow the conversation to go off the rails, and they are a great barrier between any awkward tiffs you and your ex might have if you both were alone.

What are some ways you've learned to be cordial with an ex? Let us know down below!