

Celebrity News: Sources Say Kendall Jenner & Ben Simmons Are Dating Again



By

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In [celebrity couple news](#), source are saying that [Kendall Jenner](#) and Ben Simmons have rekindled their relationship. According to *EOnline.com*, the *Keeping Up With the Kardashians* star was recently spotted at a Philadelphia 76ers game supporting her alleged man and [celebrity ex](#). "They took a break because it was difficult to sustain a relationship with their schedules. But they have stayed in touch and there was never a messy breakup or hard feelings," a source shared with *E! News*. "Kendall has spent a lot of time with Ben over the last few weeks in Philadelphia. She's been flying in to see him whenever she can."

In celebrity news, Kendall and Ben may be giving their romance another chance. What are some factors to consider before giving your ex a second chance?

Cupid's Advice:

When you break up with someone, it's meant to be a final decision. That said, sometimes things change and there are good reasons to consider giving your ex a second chance. It's important to make sure you're doing it for the right reasons, however. Cupid has factors to consider:

1. Why you broke up in the first place: There's a wild difference between breaking up because your partner cheated on you to splitting because you were both busy with your careers. If a trust issue was at the heart of your issues, it may not make sense to jump back into things. If it was simply a lack of time that led to your break-up, you two could very well be in a different place now, making it okay to give things a second chance.

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2. What page you're both on now: It's crucial to have an open and honest conversation about where you both are in your lives right now. If the issues that led to your break-up before are still very real, there's no point in giving it a second shot, hoping for a different outcome. If some key things have changed that will make things easier this time around, that's great!

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3. The reasons you want to be in the relationship: When we break up with someone, it leaves a hole in your heart that your partner used to fill. Not only are you missing the romance, but you're missing that person you told everything to and who you spent the most time with. When you're deciding whether to get back together with someone, you need to make sure you aren't just doing it because you're lonely. The only reason to date someone is because you really see yourself with them romantically and they'll add to your life in a positive way.

What are some others factors to consider before getting back with an ex? Share your thoughts below.