

Celebrity Break-Up: 'Big Brother' Stars Jack Matthews & Analyse Talavera Split



By [Meghan Khameraj](#)

In [celebrity news](#), *Big Brother* stars Jack Matthews and Analyse Talavera announced the end of their whirlwind of a [celebrity relationship](#). The [famous couple](#) met this past summer during season 21 of *Big Brother*. Matthews announced via Instagram that they were taking a break stating, "I'm glad that we were able to be there for each other and we'll always be friends and partners forever." Talavera confirmed Matthews' statement with her own Instagram post, saying, "...jack and I have both decided that it's best we go our separate ways and remain great friends." The couple mentioned long distance as being one of the core reasons for the split.

In celebrity break-up news, this showmance has fizzled, and long-distance played a big part. What are some ways to sustain a long-distance relationship?

Cupid's Advice:

Jack Matthews and Analyse Talavera have called it quits on their relationship. The couple blamed the split on long-distance. However, Cupid has some [relationship advice](#) that will help you and your partner last through being apart:

1. FaceTime: Video chatting with your partner will help you feel less lonely if you two aren't together. Schedule times when you're both free to video chat with your significant other. It'll be the best way to maintain your relationship if you're not able to physically be together.

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2. Focus on yourself: It's totally normal to miss your partner if you can't see them, but you should have hobbies and jobs to keep yourself occupied instead of focusing your energy on being sad. Take time to do something you've always wanted!

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3. Plan trips: Even if it's just for a weekend, you and your significant other can go on a romantic getaway. It doesn't have to be anywhere extravagant or expensive as long as you two get to spend quality time together.

How would you handle a long-distance relationship? Let us know

in the comments below!