

Celebrity Break-Up: David Eason Speaks Out After Jenelle Evans Announces Split



By

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In the latest [celebrity news](#), *Teen Mom 2* alum David Eason has spoken out after Jenelle Evans announced their [celebrity break-up](#). This is the first time he's addressed the issue with his estranged wife, and he seemingly shaded Evans through several Instagram stories on Sunday, November 3rd. According to *UsMagazine.com*, Eason posted two screenshots of *TMZ* articles. One detailed a request for full custody of the pair's two-year-old daughter, Ensley. The other discussed Evan's road rage that was broadcast in 2018 where she followed a driver home and then brandished a gun.

In celebrity break-up news, David Eason threw some shade Jenelle Evans' way after she announced their split. What are some things to avoid on social media during a break-up?

Cupid's Advice:

Getting over a nasty breakup is hard, but it is even harder when social media is involved. Whether it is viewing their stories, stalking their profiles, or keeping up with what their friends are doing, it is a breeding ground for hurt feelings and questionable consequences. If you're going through a break-up, and you're having a hard time pulling yourself away from your ex's social media, don't worry! Cupid has some [relationship advice](#) on what to avoid on social media during a split:

1. Social media stories: Facebook has them. Instagram has them. Snapchat has them. Social media stories allow users to see exactly what's going on with someone in real-time. It's a cool feature unless you're going through a tough break-up. Seeing your ex out having fun on their stories can further fan the flame, and it might lead to feeling worse or to toxic social media behavior. Before you decide to click on their icon, think about what viewing this story is really going to help when it comes to getting over them.

Related Link: [Celebrity Parents: 'Teen Mom 2' Alum Jenelle Evans & David Eason Lose Custody of Kids After Legal Battle](#)

2. Burner accounts: If you follow their FINSTA (private Instagram) or Fake Twitter, chances are your ex will be

venting about you and your relationship after it ends. If they haven't already blocked you from following their account, maybe it's a good idea to unfriend yourself from seeing those posts. And, if you are blocked, don't give in to the temptation to ask friends who are still privy to the accounts to spy on them and report back. You'll see or hear something you weren't prepared for, and it will only lead to anger or hurt.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together](#)

3. Keeping up with the circle: Chances are, when a relationship ends, the friend circle won't be the same. Some people will choose to stay with your ex while others might be more neutral about the breakup. Either way, it isn't a good idea to poke your nose into the circle, especially on social media, to keep up to date about what your ex is doing. Not only does it not paint you in a good light, but it can cause issues in the friend group. It's better to keep a safe distance than to cause more distress than is necessary.

What are some things you avoid on social media while going through a breakup? Let us know down below!