

# Single Celebrities: Selena Gomez Clarifies Relationship Status After Being Spotted with Ex



By [Ahjané Forbes](#)

In [celebrity news](#), “Lose You To Love Me” singer [Selena Gomez](#) recently went out with her [celebrity ex](#) Samuel Krost. According to *UsMagazine.com*, the pair arrived at a restaurant called La Esquina in New York City on October 29 with their friends in tow. The next day, the Disney Channel alum cleared the new celebrity relationship rumors by telling her Instagram followers, “I’ve been single for two years. I’m on Gods timing not mine.” Although Gomez hasn’t been in a relationship for a

while, the star seems to enjoy flying solo.

## This single celebrity hasn't been in a relationship for two years. What are some benefits to being single?

### Cupid's Advice:

Even though being in a relationship can be nice, staying single has its benefits as well. First, don't think about the negatives. Just because you are a party of one does not mean you can't still have fun. Next, keep a positive mindset. If someone is truly there for you, they will gravitate toward you. Lastly, stay true to yourself. Don't jump into a relationship because your friends say it's been "too long." Start dating when you are ready. Cupid has some advice on how to make the process of being single a little bit easier:

**1. Focus on yourself:** Sometimes when you are in a relationship you forget the importance of self-love. Treat yourself to Spa day. Start going to yoga classes. Reconnect with your inner-self.

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**2. Take opportunities to grow:** This does not mean that you have to better yourself for the next person you're going date. Find areas in your life that you feel need some improvement. For example, if you've always wanted to do something, but you've never had the chance to do it before, now is that time. Motivate yourself to accomplish your goal.

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**3. Set new standards:** You might have been single for a while,

but that does not mean you are any less attractive. After you have spent some time on yourself, reevaluate what type of partners are a match for you. List all the qualities you would like your future partner to possess first, and then go from there. Building up your confidence and staying true to yourself can you turn a lot of heads.

**What are some ways you improve you life while your are single?  
Let us know in the comments below!**