

Celebrity News: Demi Moore Suffered Miscarriage at 6 Months Pregnant While Dating Ashton Kutcher



By Ahjané

Forbes

In [celebrity news](#), *Ghost* star and actress [Demi Moore](#) opened up about her miscarriage with [celebrity ex Ashton Kutcher](#). Her *Inside Out* memoir shares details of her battles with body image, career, childhood trauma, and infidelity. Moore admits in her memoir that she started to drink after she found out that her then-husband was being unfaithful. According to [UsMagazine.com](#), the [celebrity couple](#) was expecting a girl whose name would have been Chaplin Ray.

In celebrity news, Demi Moore opened up about a miscarriage she suffered with Ashton Kutcher in her memoir. What are some ways to support your partner who has gone through a miscarriage?

Cupid's Advice:

Seeing the “positive” come up on a pregnancy test for many women can be very exciting. Welcoming a bundle of joy to the family can be the happiest time in a woman's life. However, some pregnancies result in a miscarriage and can leave a heavy impact behind. It's not easy to uplift a person who has just encountered something traumatic. Cupid has some advice that will help you and your partner get through this difficult time:

1. Don't expect them to tell you how they are feeling right away: Everyone has a different way of processing hurtful situations. It's important that you keep an open heart and be mindful of the situation. Avoid saying insensitive things like, “You can have another one”. Not everyone is able to conceive right away or it might be hard for them to do so. Be there for them and offer any help they will allow.

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2. Offer to attend therapy sessions with them: Therapy can help bring ease to the situation if your partner is willing. The therapist will be able to discuss the “root” of the problem and give you ways to make appropriate approaches to help with conversations at home. This also may take several

sessions for them to be comfortable about telling you how they really feel. Don't force or rush them to talk.

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3. Find ways to take their mind off of the situation: A good distraction is always a way to alleviate the mind. Start a new hobby with your lover. Take them to a cooking class or Yoga. Doing something relaxing will help them release all their stress and breathe in positive vibrations.

What are some ways you helped your partner through a difficult time? Tell us about it in the comments below!