

# Dating Advice: Cookie Jarring



“Love is an untamed force. When we try to control it, it destroys us. When we try to imprison it, it enslaves us. When we try to understand it, it leaves us feeling lost and confused.” – a confused lover

When it comes to narrating a tale regarding the history and contemporary details of love and relationships, none claim to be an expert. Almost everyone seems to be somewhat baffled when it comes to the concepts of love and attachment. You can never be definite about the path your current relationship, and therefore you should be taking precautions. All the while, however, you tend to indulge in a relationship no matter what happens or had happened to you in the past. You just can't keep yourself apart from this sweet poison that you're taking so deliberately – love. That doesn't mean you're not skeptical at the end of the day, which can lead to questions and

uncertainty in your relationship. To get rid of that insecurity, you need to trust in your partner completely, and trust nowadays is hard to come by.

**Social media and various dating apps offer you a world of possibilities. It's like a cookie jar you just have to reach in to to find your preferences. As a result, the term "cookie-jarring" came into existence in the dating advice world.**

Let's suppose you're in a casual relationship with your neighborhood friend or your one of colleagues, and at the same time, you get involved with a potential candidate from [www.DoULike.com](http://www.DoULike.com). Now, you're in jeopardy. At first, you were not so sure about your local friend or colleague and to maximize the confusion, you find your 'DoULike' mate even more dynamic and influential. Now, you're just keeping your friend and colleague as back-up plans. The whole idea of dating someone as a back-up plan is referred to as "cookie-jarring."

"Cookie-jarring" happens as a consequence of insecurity. If you're ever feeling unstable in your relationship, you may drag yourself towards a backup option intentionally or unintentionally to find stability. It's the new trend emerging worldwide. The modern dating landscape is ever-changing. Because this process has a fail-safe option, you always have a fallback option where you have no need to be lonely or to panic about the possibility of rejection.

This is a tool of modern age dating, yet there is nothing

charming about it. There is always a person who ends up getting hurt and has a hard time recovering from it mentally and psychologically. "It keeps you feeling dependent on having someone, anyone in your life – which is not the healthiest way to start a relationship," Theresa Herring, a licensed marriage and family therapist from Chicago, explained. She also stressed on the point, saying, "Plus, it could blow up in your face if the person you're actually interested in finds out and it prevents the person you've cookie jarred from meeting somebody who actually fond of enough to date them."

To sum up, a sincere byproduct of insecurity and lack of respect leads you to "cookie jar" your not-so-compatible partner who you kept as a bystander all along. The fact is, sometimes people simply don't know what they want, which can lead to "cookie-jarring" and a lifetime of regret.

"We often confuse what we wish for with what is." -Anonymous

Beware of the red flags, and embrace the decisions you make while in a relationship, be it a cookie-jar or not.