

Celebrity Couple Kelly Ripa & Mark Consuelos Send Daughter Off to College



By [Katie Sotack](#)

It's off to school season, and [celebrity parents](#) are not immune to their nests becoming smaller. *Live!* host [Kelly Ripa](#) and *Riverdale* actor Mark Consuelos recently sent their second oldest and only daughter off to college. Consuelos uploaded a photo with the caption "2 down... 1 to go", referring to the couple's third child. Using the same picture, Ripa shared the news via Instagram, where many celebrity friends were sympathetic to the news. Lisa Rinna, *Real Housewives of Beverly Hills* star, who recently sent her daughter off to college as well, commented several sobbing emojis in

solidarity.

This [celebrity couple](#)'s nest just got a little bit smaller. What are some ways to deal with an empty nest when your children leave home?

Cupid's Advice:

It's college season in America! Parents cry and young adults rejoice as they ship off to schools across the country. Empty nesting may seem daunting at first, but think about all the perks of your children leaving home:

1. Reconnect as a couple: It's likely that you and your partner have not lived alone since before your child was born. Once your baby moves out, recommit to your relationship. Being home alone with your partner means date nights in and walking around in your underwear again. A child leaving is nothing lost; it's readjusting to a life you once had.

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2. A new relationship: When your child moves away, your relationship will morph. Likely, it'll get better. The saying "absence makes the heart grow fonder" is absolutely true in this case. Instead of relying on you for their needs, they will learn to care for themselves. In doing so, your relationship will become more balanced and less demanding on your end.

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3. It may not be permanent: In today's economy, moving out is

not always permanent. It's very possible your child will be moving back in after college or if their job goes south. This is both totally normal and hope for you to have your baby under your roof again.

How are you dealing with an empty nest this back to school season? Share in the comments below!