

# Shar Jackson Speaks Out About Federline's Girlfriend's Pregnancy



Shar Jackson has nothing, but wonderful wishes for Kevin Federline and the child he is expecting with girlfriend, Victoria Prince. This will be baby number five for Federline. The former backup dancer has an 8-year-old daughter and a 6-year-old son with Jackson. However, he is best known for being the controversial father figure to 5-year-old Sean Preston and 4-year-old Jayden James, the children he has with ex-wife, Britney Spears. According to [UsMagazine.com](http://UsMagazine.com), Federline insists things are better now between him and the pop star after their custody battle in 2007.

**How do you deal with your ex having kids with someone else?**

## **Cupid's Advice:**

Finding out that your ex is having a child with someone else can bring up a slew of emotions. Cupid has some ways to deal:

- 1. Be happy:** Children are always a blessing. No matter what happened between you and your ex, be happy that they are being given such a precious gift.
- 2. Focus on your own life:** Your ex having children with someone else can bring out sad feelings, especially if you wish you were the one having the children. These feelings are completely understandable, but try to focus on things you do have in your life, instead of what you don't have.
- 3. Send a gift:** Baby clothes are probably the cutest things ever! It's always fun to pick them out.