

Celebrity News: Brooks Laich Says He's Proud of Wife Julianne Hough For Saying She's 'Not Straight'



By [Bonnie Griffin](#)

In the latest [celebrity news](#), former *Dancing With the Stars* judge, Julianne Hough came out as “not straight” in an interview with *Women's Health*. Her husband, former NHL player Brooks Laich fully supports her. According to *UsMagazine.com*, Laich supported Hough on his Instagram saying he is, “So proud of my wife ... for the woman she is, and her courage to share her journey.” It is important for married couples to support each other and it's clear that this

[celebrity couple](#) is proud to watch out for one another.

In celebrity news, Julianne came out with her truth, and her husband is standing by her side. What are some ways to support your partner through tough times?

Cupid's Advice:

Everyone faces hard times or inner battles that they struggle to face. Sometimes it can be hard to share parts of yourself with the world. Having a partner who supports you when you're struggling can mean everything. Cupid has some advice on ways to support your partner through tough times:

1. Let them know they're appreciated: We can't always solve problems for our partners, even if we would love nothing more than to wash away their worries. It's important to take steps to make them feel safe home with you; they know they are loved and you are their safe haven. Tell them how you appreciate them, and that you value them and their place in your family.

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2. Don't be critical: If your partner is having a hard time they likely feel like they are being criticized by the world around them. Be the opposite for them. Listen and be supportive but be sure not to take over the conversation. Ask them open-ended questions and really listen to what they have to say without being critical or judging them. They need to be able to lean on you just as you would if the roles were reversed.

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3. Remind them to have fun: Life can be stressful and we all face challenges from time to time. When life has your partner feeling down remind them that it can also be fun. Take them out for a night on the town, enjoy a night together under the stars, whatever the two of you enjoy doing together.

What are some things you would do to support your partner? Let us know your thoughts in the comments below.