

# Celebrity Break-Up: 'Riverdale' Co-Stars Cole Sprouse & Lili Reinhart Split After 2 Years



By [Katie Sotack](#)

Cole Sprouse and Lili Reinhart are over. After nearly two years of dating, the [celebrity breakup](#) was confirmed by multiple sources, according to *UsMagazine.com*. The pair, who play on-screen lovers Jughead and Betty on the hit teen drama *Riverdale*, appeared friendly at the *Entertainment Weekly* Comic-Con party two days ago. Reinhart even took a joking attitude towards her ex Sprouse and costar Apa, captioning a photo from the event, "Please don't put me between these two

ever again.”

## In celebrity break-up news, it's splitsville for these *Riverdale* co-stars. What are some ways to continue working with your partner after a break-up?

### Cupid's Advice:

Working with a ex? Yikes, that's some tricky territory. But, fear not! Cupid's got some sneaky ways to make the situation work out:

**1. Purge:** The number one way to rid yourself of negative feelings is to purge them out. Grab your friends and some drinks, or see a professional therapist. Any way that you can process both the bad and the good will be better for you in the long run. Once you've felt all the feels, it'll be easier to face your ex without pining or resentment.

**Related Link:** [Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up](#)

**2. Respect:** You're at work, so keep it professional! We've all had to work with someone we're not a fan of before, so use your professional coping skills. Plenty of celebrities have been in this position before, so find a role model pair you can look up to. Like famous exes and *The Office* co-stars Mindy Kaling and BJ Novak, remember that you're both there to do a job. Who knows, the professional attitude might lead to a friendship again.

**Related Link:** [Celebrity News: Pamela Anderson's Ex Adil Rami Denies Abuse Allegations](#)

**3. Heal:** With the emphasis on professionalism, it's tempting to put your mental health on the back burner. Don't. Give yourself as much room and time to heal as you need. Seeing an ex every day is difficult. Admit that to yourself. Most of us like to click "unfollow" and forget their face. So, give yourself props for dealing with this hardship, and pamper yourself a little.

**How do you deal with seeing your ex? Share in the comments below!**